



National Public School
Hosur Road, Bengaluru

FIRST FORUM

The New Beginning

GRADE: 10A & 10B

GRADE: 11A

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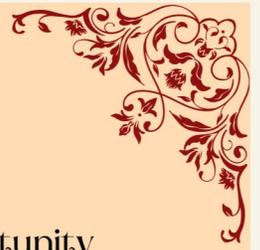


Welcome to our first issue of “First Forum” for the Academic Year 2024-25. Every end is the beginning of something new, the circle of life continues. Our students of grades 10 and 11 have exhibited their talents and communicated their thoughts pursuing innovative paths of the mind.

Come, read and enjoy.....



Principal's Message



Embracing New Beginnings: A Journey of Growth and Opportunity

As you stand on the threshold of a new chapter in your educational journey, it's natural to feel a blend of excitement and apprehension. New beginnings are like fresh pages in a book, waiting for your unique story to unfold. Embrace this moment as an opportunity to explore, grow, and achieve greatness.

Each new beginning is a chance to redefine yourself, to set new goals, and to challenge yourself in ways you never have before. It's a time to leave behind any doubts and fears and step forward with confidence. Remember, every successful person you admire started their journey with a single step into the unknown. Your potential is boundless, and this new phase is your opportunity to tap into it.

Approach this new chapter with an open mind and a willing heart. Embrace the challenges, as they are the stepping stones to your growth. Seek knowledge with curiosity, engage with enthusiasm, and persist through difficulties with resilience. Understand that each hurdle you overcome strengthens your character and prepares you for even greater achievements.

Cherish the friendships you form and the experiences you gain. They will shape your journey and enrich your life in ways you may not yet realize. Be open to learning from every experience, both big and small, and use these lessons to fuel your personal and academic growth.

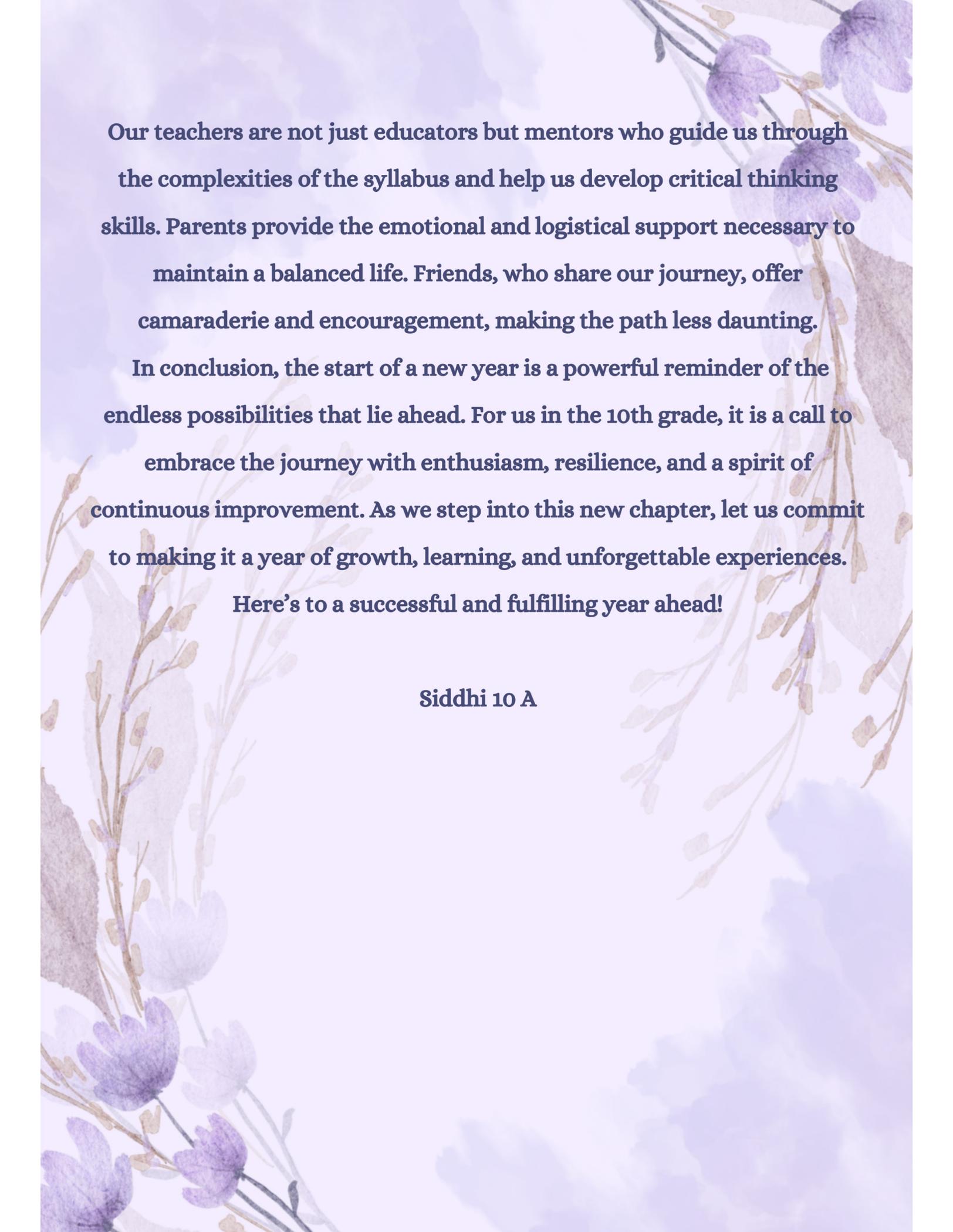
As you embark on this new journey, remember that every beginning holds the promise of new opportunities and the potential for extraordinary success. Believe in yourself, stay focused on your goals, and never underestimate the power of hard work and determination.

This is your time to shine. Embrace the adventure of new beginnings with optimism and courage, knowing that each step you take is a step toward a brighter future. The world is full of possibilities, and the path ahead is yours to create. Welcome this new chapter with enthusiasm, and let your journey be one of exploration, achievement, and joy.

A New Beginning: Embracing the 10th Grade Journey

As the calendar turns to a new year, we find ourselves standing on the threshold of new opportunities and challenges. For those of us in the 10th grade, this period marks not only a fresh start but also a pivotal chapter in our academic and personal lives. The beginning of the year is always a time of reflection and resolution. We look back at the past months, assessing our achievements and areas where we could have done better. But more importantly, we look forward with renewed determination to make the most of the time ahead. For 10th graders, this mindset is particularly crucial.

This year is often viewed as a cornerstone in our educational journey, influencing our future paths and shaping our readiness for the responsibilities of adulthood. One of the most significant aspects of starting a new year in the 10th grade is setting goals. These goals should be realistic yet ambitious, covering both academic and personal growth. Whether it's aiming for higher grades, participating in extracurricular activities, or developing better study habits, having clear objectives helps us stay focused and organized. Setting aside time to review our progress regularly ensures we stay on track and can adjust our strategies as needed. Moreover, the support system around us—teachers, family, and friends—plays a vital role in our success.



Our teachers are not just educators but mentors who guide us through the complexities of the syllabus and help us develop critical thinking skills. Parents provide the emotional and logistical support necessary to maintain a balanced life. Friends, who share our journey, offer camaraderie and encouragement, making the path less daunting.

In conclusion, the start of a new year is a powerful reminder of the endless possibilities that lie ahead. For us in the 10th grade, it is a call to embrace the journey with enthusiasm, resilience, and a spirit of continuous improvement. As we step into this new chapter, let us commit to making it a year of growth, learning, and unforgettable experiences.

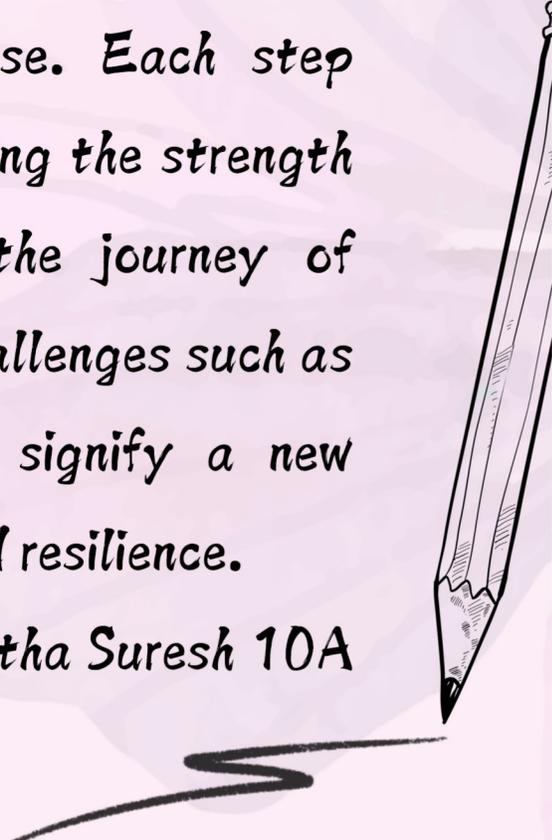
Here's to a successful and fulfilling year ahead!

Siddhi 10 A

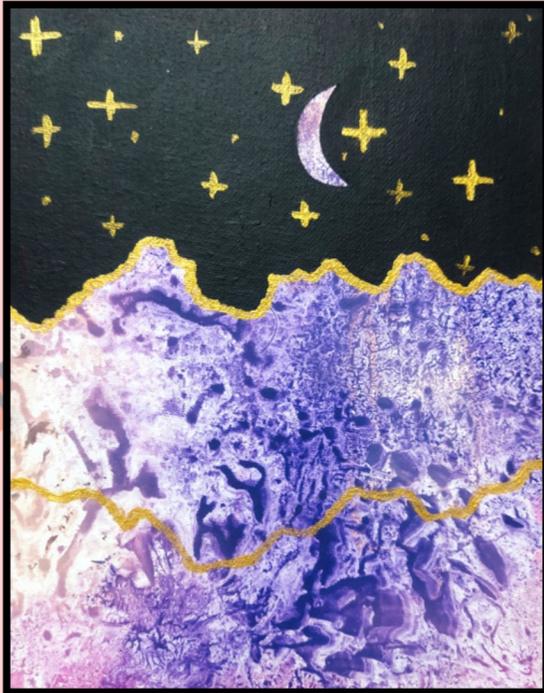
Recovery and Rehabilitation: The Journey to Healing

Recovery and rehabilitation represent more than just physical healing; they also represent resilience and strength of our mental health. Whether overcoming addiction, illness, or injury, this journey of healing is marked by courage, perseverance, and the support of the community. It is a path marked by resilience, courage, and the unwavering determination to reclaim one's health, well-being, and sense of purpose. Each step forward is a triumph, demonstrating the strength and determination that define the journey of recovery. Overcoming personal challenges such as addiction, illness, or injury can signify a new beginning, emphasizing healing and resilience.

Akshitha Suresh 10A



Art Corner



Sai Tejaswini 10 B



Suprajith 10B



Surya 10 A



Siddhi 10 A



Siddhi 10 A



Sanjitha 10 B



Lakshanth 10 A



Aanya 10 A

A New Day



As the sunlight imbued the sky
With hues of molten gold
A new beginning come by
For destiny to unfold

The past, a chapter, gently closed,
For a myriad possibility to come a flow
A future awaits, its promise posed.
The wonders there, you never know.

March ahead, courage in you
May the hurdles that lay before,
Be steps to ambition too.
For the real self to explore

The silver strands of moonlight
As bright as your venture to victory
Sets in a blazing sight.
From a new start to history.

Beginnings

Birthdays are meant to be joyous celebrations - a time to reflect on our journey and the day it all began. As children, each birthday marked a major accomplishment: learning to walk, talk, and explore the world. Independence awaited us like an open highway stretching out to infinity, beckoning us towards adventure

Life has revealed many of its cards. We've learned how the world turns, yet we might still be figuring out our true purpose. Comparing ourselves to peers can lead to feelings of inadequacy, as we measure our progress against theirs. Yet, life isn't a race; it's a unique journey. Instead of feeling behind, let's embrace the opportunity to start anew every day, regardless of age or circumstance.

Remember, fresh starts allow us to evolve and progress. Mistakes are part of the learning process, and they lead to growth. So, whether you're 20 or 50, each day offers a chance to make a brand new ending.



OJAS KHANNA

10 A

DAWN

In the dawn's soft light,
beginnings bloom,
A chance to leave the past's
dark gloom,
Embrace the day with hope's
sweet song, New paths ahead,
where hearts belong.

Akshat Nahar
10 A

"OUR EARTH, OUR HOME"

**Earth, our home so wide and grand, With forests green and
oceans spanned. Birds that sing, rivers that flow,
In this precious world, we grow.**

**Trees stand tall, their leaves a crown, Cleaning air, roots deep in
the ground. Bees hum softly, flowers bloom,
Life thrives in every nook and room.**

**Let's plant hope, nurture the land, Reduce waste, lend a helping
hand.**

**Recycling, reusing, we'll play our part,
For a healthier Earth, where love takes heart.**

**On World Environment Day, we unite, Protecting nature,
shining bright.**

**Let's cherish our planet, every day,
For it's the only home we have, as they say.**

Vaanya Aggarwal 10B

FUN FACTS

- There are more stars in the universe than grains of sand on all the Earth's beaches. It's estimated there are about 100 billion galaxies, each with millions or even billions of stars.
- The blue whale is the largest animal ever known to have lived on Earth. Its heart alone can weigh as much as an automobile, and its tongue can weigh as much as an elephant.
- Russia is so large that it spans 11 time zones. You could fit the United States, China, and India into it and still have room left over.

Cleopatra lived closer in time to the moon landing than to the construction of the Great Pyramid of Giza. The Great Pyramid was completed around 2560 BC, while Cleopatra reigned around 30 BC.

- The first 1GB hard drive, introduced in 1980 by IBM, weighed over 500 pounds and cost \$40,000. Today, you can easily fit that much storage in a device the size of a fingernail.
- There are approximately 7,000 languages spoken in the world today, but a significant number are at risk of becoming extinct. Every two weeks, a language dies out.
- The human nose can detect about 1 trillion different scents, which is far more than previously thought.
- Octopuses have three hearts and blue blood. Their blood contains a copper-based molecule called hemocyanin, which is more efficient than hemoglobin in cold and low-oxygen environments.

FAERIE LAND

Faerieland

In the woods where shadows play,

Faerieland is hidden away.

Faeries dance in the moon's soft light,

In a world that comes alive at night.

Mushrooms glow along the path,

Guiding the lost through nature's wrath.

Faeries laugh and spread their wings,

Their magic found in the simplest things.

But don't be fooled by what you see,

Faerieland's not as safe as it seems to be.

There's beauty here, but danger too,

With secrets old and promises true.

So if you find this hidden place,

Walk carefully and mind the space.

For in Faerieland, things aren't clear,

What's lost might never reappear.

-Shrikripa 10 B

A TURNING POINT

Lily, a girl who boarded the bus on time to go to a whole different place, all alone. She was sitting in the window seat, her head resting on the wall. She was reminiscing past memories of her and her loved ones which made her emotional.

As she reached the place she walked with no interest to her dorm room. She was walking unfazed until she bumped into this enthusiastic girl who was in awe after seeing Lily. She greeted her with the biggest smile on her face and led her to her dorm room, they realized they were roommates. That was the first time Lily smiled ever since her arrival.

From that day onwards the two new girls became ever so close and explored the new place which was now a familiar one. The two of them became inseparable and Lily does not regret this life turning change that took place.

Akshitha Suresh 10 A



**Crystal waters,
mountain haigh**

**Crystal waters, mountains high,
Forests whispering secrets to the sky.**

**Flowers blooming, meadows bright,
Nature's beauty, a dazzling light.**

**Nature gives us oxygen,
nature gives us food,
Nature's bounty, a gift so grand,
let's preserve it with a gentle hand**

Harinder 10B.



FUTURE OF INDIAN ECONOMY

The future of the Indian economy is a subject of great interest, with many experts predicting a strong growth trajectory, though not without its challenges. **Growth Potential:** India's economy is expected to grow at a steady pace, fueled by its large and youthful population, increasing urbanization, and a burgeoning middle class. The country is projected to become the third-largest economy in the world by the mid 2030s, surpassing economies like Japan and Germany. This growth will be driven by sectors such as technology, renewable energy, manufacturing, and services, all of which are witnessing significant investments and innovation. **Digital Revolution:** India is rapidly embracing digitization, which is transforming various sectors including finance, education, healthcare, and retail. Initiatives like Digital India, the proliferation of smartphones, and the widespread use of UPI (Unified Payments Interface) are driving financial inclusion and creating new economic opportunities. The tech industry, particularly in areas like AI, blockchain, and fintech, is expected to be a major growth engine for the economy. **Infrastructure Development:** Massive infrastructure projects, such as the development of smart cities, high-speed rail networks, and improved road connectivity, are expected to boost economic growth. The government's focus on improving logistics and transportation infrastructure is also likely to reduce costs and increase efficiency in key industries. **Challenges Ahead:** Despite the optimistic outlook, several challenges need to be addressed. Unemployment, especially among the youth, remains a significant issue. Income inequality is widening, and the benefits of economic growth are not being evenly distributed. Additionally, the agricultural sector, which still employs a large portion of the population, requires modernization and reform to ensure food security and reduce rural poverty.



A NEW ERA OF TECHNOLOGY.

The New Beginning, or the end

The New beginning, a new era of technology.

Is it a liability or an asset? Is it really a new beginning or a sign of the end? These questions may seem easy on the surface but are they really questions or a cryptic warning written in bold letters.

Technology may have brought us together, starting from communication with our friends and relations across the oceans. Well, is there an actual end to it, or are we limiting ourselves to it. From sharing our pictures to storing them, and saving our passwords, do you really think we are within the safe zone.

The answer is a big no.

All our personal information, privacy, our concerns, likes, dislikes, etc. The humanoid robots may take over us one day, who have the knowledge about our privacy and weakness. They could control our thinking too.

Who knows there could even be human zoos.

Development Trajectory

Indian Budget 2024, unveiled by Finance Minister Nirmala Sitharaman, focuses on stimulating economic growth and enhancing infrastructure. Key highlights include increased spending on health and education, with a notable boost in funds for rural development.

The budget introduces tax incentives for startups and small businesses, aiming to foster innovation and job creation. Significant allocations are made towards green energy projects and technology upgrades, reflecting a commitment to sustainability and digital transformation. Additionally, the budget emphasizes social welfare programs and fiscal prudence to balance economic expansion with financial stability. This strategic approach is designed to bolster In The india's economic resilience and development trajectory.

SUSTAINABILITY

What are the SDG's?

The 2030 Agenda for Sustainable development, adopted by all United Nations Member States in 2015, provides a shared blueprint for peace and prosperity for people and the planet, now and into the future. At its heart are the 17 Sustainable Development Goals (SDGs), which are an urgent call for action by all countries - developed and developing - in a global partnership. They recognise that ending poverty and other deprivations must go hand-in-hand with strategies that improve health and education, reduce inequality, and spur economic growth - all while tackling climate change and working to preserve our oceans and forests.

The SDGs build on decades of work by countries and the UN, including the UN department of Economic and Social Affairs.

Let's try to contribute and help the people who really need our support because,

"You must be the change you wish to see in the world."

- Mahatma Gandhi

EVOLUTION OF CANCER RESEARCH

Cancer remains one of the most challenging diseases to treat, with a complex biology that has long baffled scientists. However, the past decade has seen progress, marking the beginning of a new era in cancer research. This reviews the recent developments that are setting the stage for the next generation of cancer therapies. They are:

1. Immunotherapy Revolution:

Immunotherapy has emerged as a revolutionary approach to cancer treatment, harnessing the body's immune system to fight cancer cells. This discusses the breakthroughs in checkpoint inhibitors, CAR-T cell therapy, and the potential of vaccines in preventing cancer recurrence. Key breakthroughs: Success stories in melanoma and lung cancer treatments.

2. Liquid Biopsies and Early Detection:

Early detection is critical in improving cancer survival rates. Liquid biopsy is a minimal invasive test that detects cancer DNA in the blood, representing a new frontier in early diagnosis and monitoring of cancer progression. Advancements in technology: Circulating tumour DNA analysis. Integration with AI to predict cancer recurrence.

3. The Role of Artificial Intelligence and Machine Learning:

AI and machine learning are playing an increasingly vital role in cancer research. From drug discovery to treatment planning, these technologies are enhancing the precision and efficiency of cancer care. Applications in oncology: AI-driven drug discovery platforms. Predictive analytics for patient outcomes. Emerging therapies: Nanotechnology in drug delivery and Metabolic reprogramming of cancer cells.

The field of cancer research is at the cusp of a new beginning, with innovations that hold the promise of transforming cancer care. The hope is that these advancements will lead to more effective, personalized, and less invasive treatments, ultimately improving the quality of life for cancer patients.



Bacteria with Resistance to Antibiotics

Emergence:

Bacterial resistance to antibiotics happens when bacteria mutate or collect resistance genes, permitting them to live on and multiply despite antibiotic remedy.

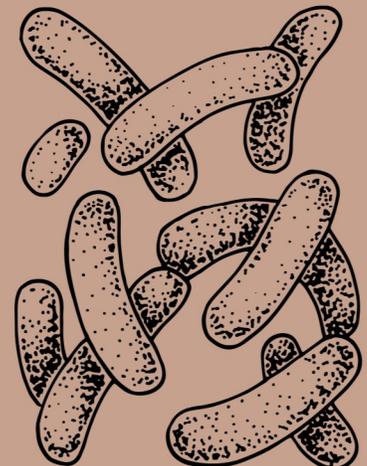
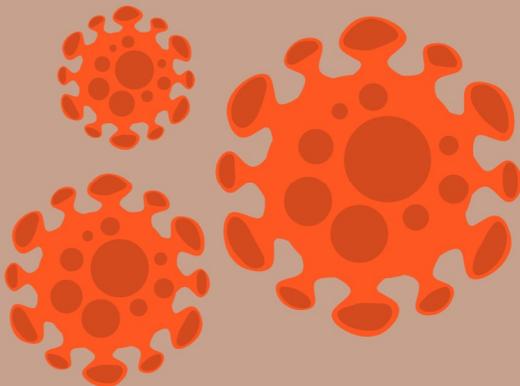
Mechanisms: Resistance can develop through various mechanisms, including:

- **Mutation:** • Random modifications in bacterial DNA can result in resistance, such as alterations to antibiotic target sites.
- **Gene Transfer:** Bacteria can acquire resistance genes from different bacteria through horizontal gene transfer, which includes conjugation, transformation, or transduction.

Impact on Treatment: Resistant microorganisms make infections more difficult to treat, requiring higher doses of antibiotics or alternative medications, which may be less effective or have more side effects.

Global Health Threat: Antibiotic resistance leads to longer hospital stays, higher medical costs, and increased mortality. Common infections, like urinary tract infections or pneumonia, become harder to treat, posing a serious public health challenge.

Prevention: Using antibiotics only when necessary, completing prescribed courses, and avoiding overuse in agriculture. Infection control in healthcare settings, vaccination, and the development of new antibiotics are also essential strategies to curb resistance



Exploring the Cosmos with the James Webb Space Telescope

Unraveling Cosmic History

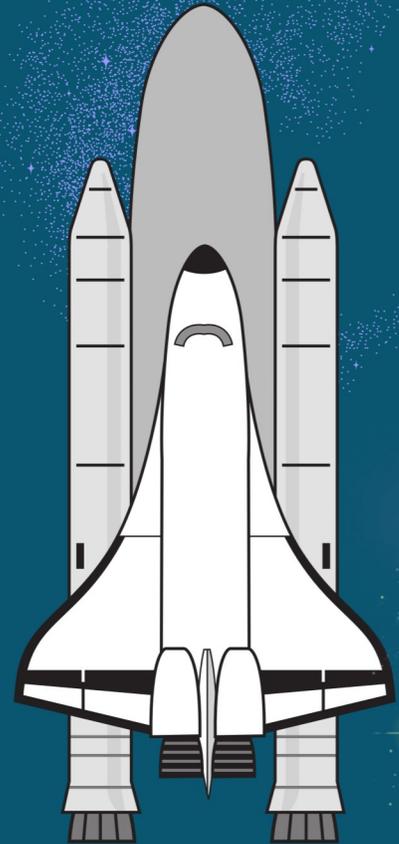
One of JWST's primary objectives is to study the first galaxies that formed after the Big Bang, over 13.5 billion years ago. By observing the infrared signatures of these ancient galaxies, JWST will provide crucial data about their formation and evolution, shedding light on the early stages of cosmic history. This pioneering research could offer profound insights into how the universe transitioned from a hot, dense state to one filled with stars and galaxies.

Probing Exoplanetary Atmospheres

Another groundbreaking aspect of JWST's mission is its capability to analyse the atmospheres of exoplanets—planets orbiting stars beyond our solar system. By observing the infrared light passing through these atmospheres as they transit their host stars, JWST will decipher their chemical compositions. This data is essential in determining the potential habitability of exoplanets and identifying signs of life beyond Earth.

Studying Stellar Nurseries

JWST's advanced infrared sensors will also peer into stellar nurseries—regions where stars are born from collapsing clouds of gas and dust. By capturing high-resolution images and spectra of these stellar nurseries, scientists hope to understand the processes that govern star formation and the role of environment in shaping the characteristics of newborn stars.



T-10,9,8,7...1,LAUNCH!

The journey of humanity into space has been one of the most fascinating and ambitious endeavours. From the early days of rocketry to the cutting-edge technology of today, rockets have been our primary tool for exploring the vast expanse of space.

Conventional Rocket Propulsion

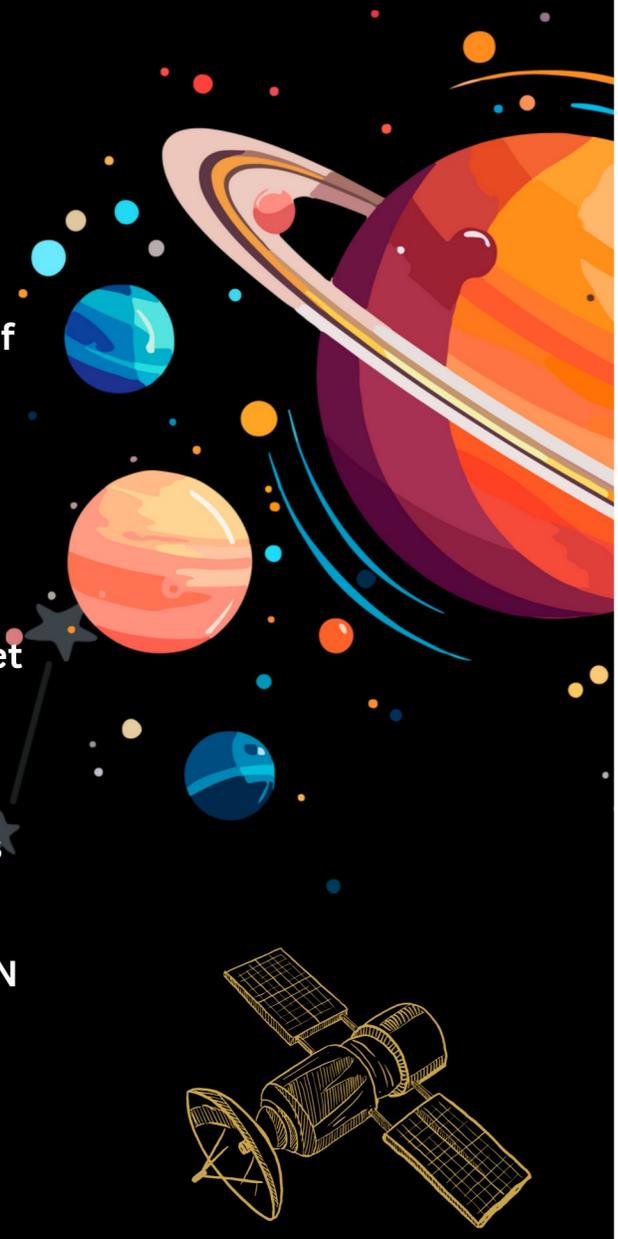
Rockets work based on Newton's Third Law of Motion: "For every action, there is an equal and opposite reaction."

Components of a Conventional Rocket:

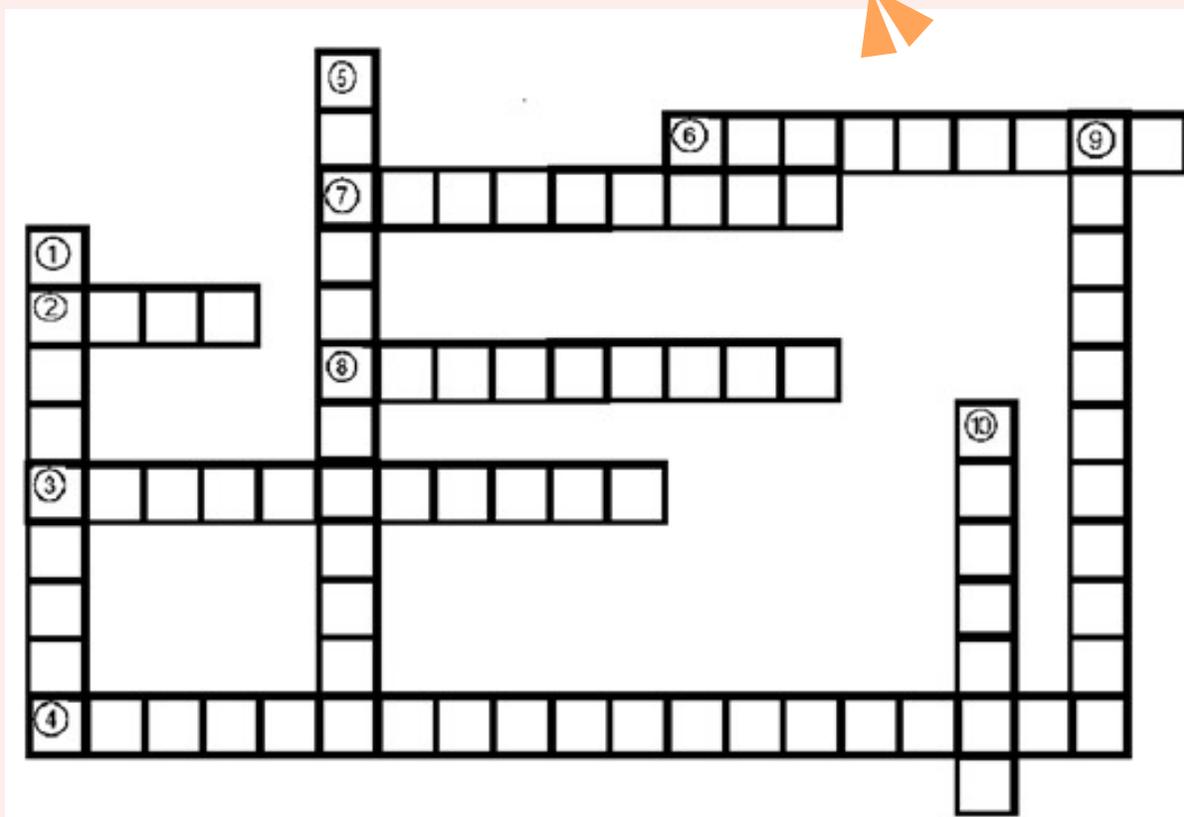
- 1) Propellant – The Fuel
- 2) Combustion Chamber - Burns the fuel to get thrust
- 3) Nozzle – Expels thrust to accelerate

There are some basic conventional methods used to ensure a smooth trajectory of the rocket, IGNITION , COMBUSTION, EXPANSION , LIFTOFF.

Unraveling Cosmic History



Crossword



Across:

2. A substance that is formed as a result of neutralisation along with water.
3. A substance that dissociates water into its ions- allows water to conduct electricity.
4. The milk of magnesia.
6. The phenomenon in which an element exists in different forms due to different atomic arrangement.
7. The property of metals to be drawn into wires.
8. The phenomenon in which atoms share their electrons with other atoms.

Down:

1. The phenomenon in which two organic compounds have the same chemical formula, but different atomic arrangement.
5. Compounds which consist of hydrogen and carbon.
9. An insoluble solid formed as a result of a chemical reaction.
10. Water soluble bases.

The Curse of Tutankhamun

Are you afraid of the Curses?

It was while I was glancing through the pages of a newly bought encyclopaedia that a strange name struck my eyes. Tutankhamun. A tomb of a pharaoh, with a lot of priceless treasures and the mysterious stories of the curse around it. It aroused the curiosity of a history lover in me. I started reading more on Egypt and it's much talked about Tutankhamun's curse. I am sharing the story of Tutankhamun and his curse for you all here.

King Tutankhamun or King Tut was the last of the royal family during the end of the 18th dynasty in the New Kingdom in Egyptian history. He took the throne at the age of 9 when his father King

Akhenaten had died. King Tut had mysteriously died at the age of 18, the real reason for his death has not yet been clarified by archaeologists. His burial place was lost for many years.

King Tutankhamun's tomb was discovered in late 1922, by British Archaeologists Howard Carter and his financial backer Lord Carnarvon. They were searching under the sands of Egypt when they found the tomb. The burial chamber was surrounded by gold, jewellery, chariots, clothing and artefacts. These were, as Egyptians believed saved for the afterlife. After years of searching, they had found the tomb of the young king. Lord Carnarvon and Howard Carter immediately became celebrities.

A few days after the discovery of the tomb Lord Carnarvon was found dead with an infected mosquito bite which led to blood poisoning. He wasn't the only one who was dead. His half-brother also died from blood poisoning, Sir Archibald Douglas who had x-rayed the mummy died from a mysterious illness, Arthur Mace who was in Carter's excavation team died due to arsenic poisoning and followed by many other people who were part of the discovery of the tomb. This led many people to believe that this was all because of a curse that priests had put for tomb robbers during the mummification of the young king. Although researchers haven't found any curse, people still believe in it. • Navami Anand - 11A



Do you think the curse of Tutankhamun is real?



NALANDA-Pride of India

Nalanda university, the first and largest university in the world was established in 427 CE and after 800 years of establishment was later burnt down by Bakhtiyar Khilji. It was the biggest library in the world and contained many manuscripts and when put to fire, burnt for 3 whole months. At present the university is present at Rajgir in Bihar, India. The Nalanda University Act was passed by Parliament in 2010, the real impetus for the construction of the project came under the direction of Prime Minister Shri Narendra Modi with the construction of the present project beginning in 2017 with the help of 18 member countries of the East Asia Summit like Korea, Japan, Thailand, Vietnam, etc. On 19 June 2024, Wednesday India's prime minister Shri Narendra Modi inaugurated the Nalanda university which is a new beginning for India after the university began preserved and rebuilt.

Shivanshi 10 A



EVENTS & *Celebrations*

*“ The more you celebrate your life
the more there is in life to
celebrate...”*

Parent Orientations 2024-25

Parent Orientations for grades 1,10 and 11 were organised to educate parents on CBSE and school rules and expectations. All parents attended and actively participated in the Question and Answer sessions and clarified their doubts. Led by the Director Principal Ms. Usha Mahesh Reddy and Class Teachers of the particular grades , it was highly appreciated by all attendees as it successfully achieved all objectives.



Founder's Day

The spirit of self-faith and discovery symbolized the beginning of the fifth year.

Founder's Day at NPS Hosur Road is a testament to the indomitable spirit and unwavering commitment of its founders. This annual celebration not only pays tribute to the vision and legacy of the founders, but also reinforces the values and ideals upon which the institution was built.

NPS Hosur road celebrated its 5th Founder's Day on 21 June 2024, in lieu of 17 June, with a special assembly and Inter house Basketball match. The special assembly on 16 June was attended by the founders Mrs. Usha Mahesh Reddy, Director Principal and Managing Trustee, Mr. Mahesh Reddy. The Vice Principal Ms. Nirmala Mohan expostulated on the inspiring intentions of the Founders in launching the school. While addressing the assembly, Ms. Usha Mahesh Reddy expressed immense pleasure in the exemplary growth of the school, thanked the teachers and non-teaching staff. Inter house Basket Ball match was witnessed by all. It communicated the enthusiastic faith in diligence and sharing exhibited by the Management.



A Doyen Blesses NPSHRD

Ms. Shantha Chandran, Mentor Principal of NPS group of schools visited our campus on....., Ma'am addressed the Board aspirants of grades 10 and 11, prompting them to think and communicate the priorities of their present academic year. They were guided to focus on a systematic self study plan with complete sincerity and honesty. Teachers also had an interactive session with Ma'am.



National Doctor's Day

"On Doctors' Day, 1ST July, we honour the guiding lights in white coats, whose leadership isn't just measured in diagnoses, but in the depth of their dedication to healing, their commitment to care, and their unwavering compassion for those they serve."



Yoga & Music Day

In September 2014, India's Prime Minister Narendra Modi, in his UN address, suggested an annual Day of Yoga on June 21, as it is the longest day of the year in the Northern Hemisphere and shares a special significance in many parts of the world. The Theme for International Yoga Day 2024 is "Yoga for Women Empowerment". The purpose of Yoga Mahotsav 2024 is to spread yoga as a global movement, with a focus on improving women's health and well-being as well as world peace and health.



UPCOMING *Events*

AUG

INDEPENDENCE DAY

PRERNA

FIELD TRIP (6-11)

NATIONAL SPORTS DAY

SEP

TEACHER'S DAY

GANESH CHATURTHI

FIELD TRIP(1-5)

EBL- PRAGATI



Montessori 2024-25 Freshers First week of school



The first day of school is an exciting milestone for both parents and children.

It was a moment to cherish for GMC, as a new set of Freshers with beaming smiles and eyes filled with curiosity arrived at the Montessori environment on 29th May. Children entered their respective classrooms accompanied by their parents, and occupied the mats laid out with materials on them. Parents delightfully watched as their children got started on their new journey.

The day began with the school prayer creating a warm and welcoming atmosphere. Teachers provided instructions to help the parents orient themselves for the days to come. The children collected a welcome card, a keepsake of their special day. The day ended with children and parents leaving with happy hearts, eagerly looking forward to their new learning journey.

Over the days, the Freshers, having quickly settled into their classrooms, have started to explore the various activities eagerly. They are adjusting to the new routine and engaging with the materials. Circle time is filled with laughter and action songs. Their smooth transition promises a positive start to their learning journey.



Montessori 2024-25

Seniors and Juniors

First day of school



GLOW
MONTESSORI
CENTRE



The Senior and Junior children returned to school filled with joy and excitement. They eagerly shared stories of their holidays, recounting family trips and gatherings with their friends and teachers. The air buzzed with laughter and animated conversations as they reunited with old friends and met new ones. Meeting their new teachers added to the thrill as they looked forward to the learning adventures ahead.



Montessori 2024-25 Orientations



Meanwhile, parents attended an orientation session where teachers provided an overview of the curriculum and a bird's eye view of the year's plan. This session helped parents understand the educational journey their children would embark on, fostering a sense of partnership and community. The day set a positive and collaborative tone for the school year with the children and parents excited and ready for the months ahead.





Montessori 2024-25

world ENVIRONMENT DAY



On World Environment day, children watched a story presentation on conserving valuable resources, which captivated them, and taught them about the significance of everyday actions to protect our planet. Following this, the teachers spoke about the importance of preserving the Earth and sang a song about seeds and plant. The children then participated in planting seeds, an activity that inculcated values of nurturing nature. The activities created environmental awareness instilling in them values of being Protectors of the Earth.





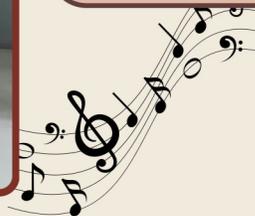
International Yoga Day and World Music Day



International yoga day was celebrated with great enthusiasm by the Montessori children at GMC. The day started with a brief introduction by teachers highlighting the importance of regular exercise in enhancing physical and mental well-being. The Senior group of children were excited to see "Rachel's day in the garden".

As the story unfolded, they mimicked the yoga poses like the butterfly pose, tree pose as depicted in the story. The Junior group of children followed the day's events by enacting the "Clap-It" song, while the Freshers collectively did stretches at the Circle Time. The children guided by their teachers embraced the exercises with joy.

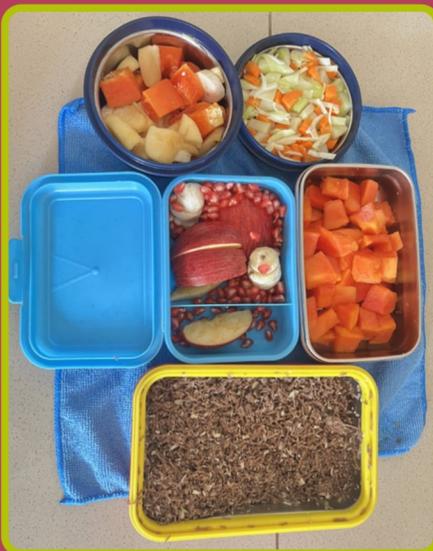
The celebration concluded with a collective practice session of the kindergarten and the Montessori children with the Principal Ma'am was a delight to watch and left the children refreshed and energised. They also listened to a song played by the NPS student to mark the occasion of World Music Day, which also falls on 21st June every year.



Monthly Treat - Healthy and Junk Food



The theme for the month of June was 'Healthy and Junk Food', which engaged children in a fun filled educational journey. The teachers discussed the benefits of eating healthy food and how junk food affects us. They created crafts and did worksheets to explore the difference between the two. The month culminated in a delightful event where children brought healthy snacks and enjoyed a variety of nutritious treats together.





Montessori 2024-25

Colour days - Primary Colours

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The theme for the month of July for the students of Montessori revolved around the spectrum of Colours, leading to an enriching and lively journey throughout the entire month at GMC. In commemoration of this theme, specific days were allocated to different hues. The initial week highlighted Primary Colors where children came dressed in primary colours through the week. The Freshers brought a picture from home, eager to affix it onto the prepared flower display. Different craft based on primary colours were done by the younger group, Juniors colored pictures matching the specified hue on prepared worksheets and the older students brought forth objects like lemon, tomato, blueberry, etc., representing the colour and articulated their thoughts about them.





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Colour days - Secondary colours

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Secondary Colours-The following week, the children arrived adorned in hues of the Secondary spectrum. Their excitement was palpable as they showcased their vibrant attire to both their teachers and peers. The Seniors brought forth various objects in secondary shades, engaging in discussions about their significance. Meanwhile, the Juniors were tasked with selecting images and skillfully coloring them within the prepared worksheets. The youngest members of the group eagerly participated in crafting activities involving knuckle prints, footprints, and fingerprints, with the guidance of their teachers who assisted them in creating representations of carrots, grapes, and trees.



Montessori 2024-25

Colour days - Tertiary colours

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Tertiary Colours- The final week of the month commemorated with children coming dressed in hues of tertiary colours. The Freshers created a few craft like clouds, tree and flamingo using hand prints. The Juniors were engaged in colouring activity and the Seniors got an opportunity to involve themselves in public speaking about the objects they brought.



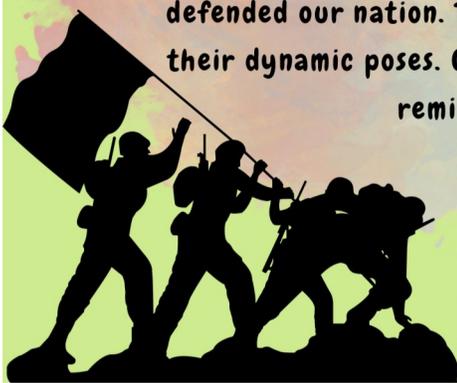


Montessori 2024-25

Kargil Vijay Diwas



The ambiance at Glow Montessori center on the occasion of Kargil Vijay Divas was truly remarkable. Children arrived adorned in soldier attire, embodying the spirit of patriotic warriors. The day commenced with a child-friendly retelling of the Kargil war saga. The Montessori students united in singing the 'Kargil Heroes' anthem, fostering a deep sense of honor and pride for the valiant soldiers who defended our nation. The children in soldier costumes captivated everyone with their dynamic poses. Overall, the atmosphere at GMC exuded a sense of triumph reminiscent of the victory in the Kargil war.





Montessori 2024-25

Monthly Treat - July

A colourful healthy treat

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The Monthly Treat of July themed 'Colourful Healthy Food' was truly a delightful experience for children. Parents showcased their creativity in preparing vibrant and nutritious snacks that piqued the curiosity of the children. It was heartwarming to see how eager the children were to unveil the contents of their tiffin boxes to their classmates, proudly displaying the colorful array of snacks they had brought from home. Some children even shared stories of how they helped their parents in the kitchen to prepare these nutritious treats, fostering a sense of pride and accomplishment.

Overall, the 'Colourful Healthy Food' theme brought a sense of unity and happiness among the children, who gleefully indulged in their snacks, engaging in lively discussions about the importance of consuming wholesome food.





Montessori 2024-25

Independence day special assembly

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On Independence Day, GMC came alive with patriotism and pride as we celebrated the nation's 78th year of freedom. The significance of this day was shared with the children, reminding them of the sacrifices made for our country's independence and the importance of cherishing our freedom. Dressed in beautiful tricolour outfits, the children spoke about various national symbols and brought the spirit of the nation to life. The celebration continued as they sang the patriotic song, 'I salute my flag' with their voices echoing the love and pride we all feel for our country which was followed by the National Anthem. They engaged in creative activities, such as finger painting and sticking paper on the national flag and crafting tri colour origami tulips, symbolizing peace and growth. Through these activities, the children not only celebrated Independence Day but also gained a meaningful understanding of its importance, fostering a lasting connection to their nation.

Montessori 2024-25

Varamahalakshmi Celebration

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Our pre-primary children, along with their teachers, joyfully celebrated the auspicious occasion of Varamahalakshmi. The day was filled with devotion and vibrant colors as Montessori children dressed up for the occasion. A beautiful mantap was created with the idol of Goddess Lakshmi, and the teachers lit the ceremonial lamp, bringing divine energy to the celebration. The children and the teachers sang traditional songs, filling the atmosphere with joy and reverence. The kindergarten students joined in, making the event even more special. Prasadam was distributed to all, marking a blissful end to the festivities.





Montessori 2024-25

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Janmashtami Celebration





Montessori 2024-25

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Montessori Sports Day Celebration



Kindergarten's first day- A joyful start

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We welcomed our youngest learners to their first day of kindergarten, and it was a delightful day. The children arrived with a mix of excitement and nervousness, but they quickly settled into the welcoming and vibrant environment of their new classroom. The day was filled with engaging activities designed to introduce the children to the joys of learning. The morning began with a warm greeting from their teachers, followed by a lively circle time where each child had the opportunity to share a bit about themselves. This helped to build a sense of community and belonging right from the start. A special selfie booth was set up for them to capture this milestone. Each child received a welcome card, adding a personal touch to their first day experience. The first day of kindergarten was a resounding success, setting a positive tone for the rest of the school year.



World Environment Day

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Environment Day was celebrated with great enthusiasm in our kindergarten. Children were taken to the school's backyard where they planted saplings, fostering a sense of responsibility towards nature. They also toured the school garden, exploring different plants and flowers. This activity taught them about the importance of trees and how they contribute to a healthy environment. The kindergarten 1 students participated in a craft session and enjoyed a role play performed by teachers. Meanwhile, the kindergarten 2 students collaborated on a group craft project and engaged in an informative activity about waste segregation, learning the importance of recycling and proper waste management. This event aimed to instill environmental awareness and stewardship among the young learners. The day was filled with fun, learning, and hands-on activities that helped our young students understand the importance of taking care of our planet.

A Fresh start of Kindergarten 2

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The first three days of kindergarten were filled with excitement, reconnecting, and settling back into the rhythm of school life after a long vacation. As the children stepped into the classroom, there was a palpable mix of enthusiasm and a bit of nervousness. Old friends greeted each other with wide smiles, while the teacher warmly introduced new classmates, fostering an atmosphere of inclusivity and welcome. The initial days were designed to ease the children back into the school routine. Activities during these days were a blend of guided learning and free play, allowing the children to re-familiarize themselves with the classroom environment and the learning materials. Story time featured engaging books about coming back to school, which sparked conversations. Outdoor play sessions were also an essential part of these days, providing the children with to bond further while enjoying the fresh air. Overall, the first three days of kindergarten were a perfect blend of reconnecting with friends, re-establishing routines, and exploring new learning themes. This careful balance ensured that the children felt comfortable and excited about the year ahead, laying a strong foundation for their ongoing educational journey.



International Yoga Day and World Music Day

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As we embark on a magical journey where the ancient art of yoga meets the enchanting world of music. Our little yogis will take you through a delightful story, filled with yoga poses that tell tales of strength, peace, and joy. We begin our celebration with a beautiful song dedicated to Lord Ganesha and Lord Krishna, invoking their blessings for wisdom and harmony. This melodious start not only sets a serene tone but also honours the rich musical heritage that inspires us every day. As our story unfolds, the children will sing a special yoga rhyme, blending their love for yoga and music. Through their performance, they will showcase the importance of these two art forms in our lives, promoting health, happiness, and cultural appreciation. Join us in this adorable celebration where every pose and every note bring smiles and a sense of togetherness!



Activities for the month of June



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Tiny Fingers, Big Achievements”

Discover the magic of fine motor development as our kindergarteners engage in delightful activities like paper tearing, leaf plucking, play dough moulding, beading, rubber band fun, and tracing on sandpaper. Watch as their little hands work wonders, building skills and confidence.

“Big Moves for Little Bodies: Gross Motor Fun in Kindergarten!”

Step into the world of gross motor excitement with our energetic kids! From free play and freeze dance to balancing books and walking on lines, to cycling, swinging, sliding, and hurdling, our students are on the move, developing strength, coordination, and a love for active play.



Kindergarten Kargil Vijay Diwas



Kargil Divas.

Our pre-primary students experienced a heartfelt tribute to the brave soldiers of our country. The teachers narrated the story of Kargil Divas in a child-friendly manner, making sure it was engaging and easy to understand for the little ones. The children sang songs in praise of the courageous soldiers, filling the atmosphere with pride and gratitude. A few children came dressed as soldiers, adding a special touch to the celebration. To honor the soldiers, there was a small parade, where our young students marched with enthusiasm and respect.

The event was a wonderful way to instill a sense of patriotism and appreciation for our soldiers in the hearts of our young learners.





Wonderful me, Expo!

Our kindergarten students celebrated the culmination of their "All About Me" topic with the "Wonderful Me Expo." This special event was designed to showcase the unique traits and talents of each child while engaging families in fun and educational activities.

The event began with a touching prayer by the students, followed by a lively rhyme about the human body. Each child had the chance to speak about what makes them special, highlighting their individual qualities.

Families participated in a variety of interactive activities, including a bingo game related to the human body and enacting different emotions. The children demonstrated their creativity by making cards for their best friends and participated in an obstacle race to choose healthy foods, emphasizing the importance of good nutrition. One of the highlights was using our five senses to describe popcorn, making the learning experience enjoyable for everyone.

The "Wonderful Me Expo" was a fantastic way to bring families together and celebrate the unique qualities of our kindergarten students. Thank you to all the parents and families who joined us for this memorable event!

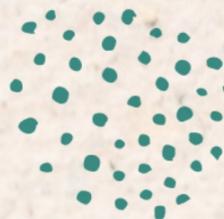


Kindergarten 2024-25

INDEPENDENCE DAY



In celebration of India's 78th year of independence, our young learners embraced the occasion with enthusiasm and pride. The Montessori children arrived in beautiful tricolour attire, adding to the festive spirit. The program began with the children narrating the story of India's independence, showcasing their understanding of the country's rich history. They sang melodious songs in Kannada, English, and Hindi, reflecting the unity in diversity that defines our nation. The little ones also spoke about our revered freedom fighters and the significance of various national symbols. In addition, they showcased their creativity through craft activities inspired by the spirit of Independence Day. The event concluded on a patriotic note with everyone joining in to sing the National Anthem, instilling a sense of pride and love for the nation in the hearts of our future citizens.



Kindergarten 2024-25 INDEPENDENCE DAY





KINDERGARTEN 2024-25 VARAMAHALAKSHMI





